

# Pal Center Now Newsletter

NOVEMBER 2025



# **Everything you need to know about Pal Center this month!**

#### **IMPORTANT DATES**

No After School Program

Nov. 11th (Veterans Day)

Nov., 26th-27th -28th (Thanksgiving break)



# **Adult programs:**

<u>Community as Medicine</u>

Days: Every Wednesday Time: 6:15pm - 7:30pm

**REGISTER HERE** 



# **Sports:**

- Winter Futsal 2026
- Jan 10th March 14th
- Ages: K 8<sup>th</sup> Grade



Stay up to date with us on social media! @rcpalcenter

# **Community Events:**

#### Self- Steem and Women's Empowerment Sessions

- # Wednesdays (10/29-12/10)
- **O** 6pm 7:30pm
- Pal Center MPR

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#### Cañada College Connect

- **†** November 18th (Tuesday)
- 2pm 6pm
- Pal Center MPR

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#### **Friendly Acres Meeting**

- 7 November 13<sup>th</sup> (Thursday)
- 7pm 8:30pm
- Pal Center Classroom

#### Food Resources

Check out the flyers for details!

# LEARN MORE

#### **Emergency Food Bags**

- mon-Fri | 8 AM-5 PM
- Fair Oaks Community Center 2600 Middlefield Rd, Redwood City



